

Fruit of the Spirit Series: **Kindness**

Pastor Bryan Keith Dugger - 09/22/2019



I. The Lonely & Neglected

II. Considerate Care

2nd Samuel 9:1-8

v. 1-3

David's Gratitude

v. 4-6

Opportunity for Kindness

v. 7-8

Mephibosheth's Gratitude

III. Called to Kindness

Ephesians 4:31-32

IV. Growing in Kindness

Personal Reflection

Take time this week to pray & reflect on the following:

Kindness is the quality of being friendly, generous & considerate. It is the opposite of the human inclination toward self-centered antipathy. To show kindness, one has to be thoughtful about the needs of others and gentle in relational interaction. Kindness is a simple concept but is oftentimes a difficult action to consistently practice.

Kindness is a biblically revealed attribute of God. He is kind even to those who reject Him. Not surprisingly, God expects His people to show and share kindness toward others. This expectation is not contingent upon a person's worthiness or their treatment of us.

The interesting thing about kindness is that it often motivates recipients to more readily show it to others. Kindness can grow and spread. Holy Spirit-empowered kindness can change lives.

Is the kindness of God flowing through your life? Is your spirit restrained and enlightened by God's Spirit so that others experience the kindness of God when they interact with you? To whom can you show extraordinary kindness so that God may be glorified in the sharing?

Prayerfully reflect on the times and ways God has demonstrated His kindness to you. Express thanksgiving to Him and ask Him to increase your ability and desire to pass kindness on to others.