

Quitting Series: **Why Quit?**

Pastor Bryan Keith Dugger - 09/09/2018



I. **Gain & Loss**

II. **Quitters In The Old Testament**

Quitting Excuses Exodus 4:18-20

Quitting Relational Negativity Job 16:1-5

Quitting Self-Pity & Lament Job 42:1-6

Quitting Running From God Jonah 2:1-2, 7-10

III. **Jesus Loves Quitters**

Personal Reflection

Take time this week to pray & respond to the following:

A common misconception that plagues the capitalist society in which we live is the idea that all loss is bad & all gain is good. There are times in life when loss, especially loss that we choose to initiate, can be incredibly beneficial & spiritually rewarding. Quitting isn't always bad or wrong. Sometimes quitting is the best thing a person can choose to do.

There are a myriad of reasons why quitting can be beneficial: it closes the door on harmful activities & relationships, it opens the door to new opportunities, it sets us free from useless distractions & harmful traps. Quitting oftentimes gives us occasion to more deeply trust in the Lord to guide & protect us through transition & change. God calls us to quit that which opposes His will for our lives & challenges His authority as our Lord & Savior.

What aspects of your life would be best left behind? What is keeping you from being willing to let those useless, wasteful or harmful things go? Are you willing to quit so that short term loss may give way to long-term growth & gain? Have you asked the Lord to give you the courage, conviction & will to be a quitter for all the right ways & in all the right areas of life?

Prayerfully consider your present attitude about loss & quitting. Ask God to reveal ideas, attitudes & behaviors that serve no godly purpose in your life. Commit to let God exercise His leadership & Lordship in your life, even if it means giving up things that you hold dear.